



Founded in the middle ages, Porto is located on the banks of the river Douro and is one of the oldest cities in Europe now a World Heritage by Unesco. Sloping steeply down towards the river with its remarkable bridges – one of them designed by Gustave Eiffel – it has been an inspiration to a variety of artists. It made its name over two centuries ago because of its connection with the Port wine industry.

VENUE



Surrounded by centenary trees, the Sheraton Porto Hotel & Spa opened its doors to a new hotel concept in the city. Marble, wood, steel and glass are harmoniously combined in the different spaces. Sheraton Porto Hotel & Spa has 266 rooms and suites, a bar with distinct ambiences and a restaurant, the Porto Novo, where the cooking show can be appreciated both visually and aromatically.



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18th Annual Meeting of the European Childhood Obesity Group (ECOG)

Porto, 5 to 7 June – 2008

Sheraton Porto Hotel



1st Announcement

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Dear Colleagues,

Obesity is currently an epidemic disease and paediatric obesity is a serious public health concern. Comorbidities associated with paediatric obesity are most often observed during paediatric age and the tracking of obesity and its comorbidities from childhood to adult life are well documented.

Preventive intervention programs as also guidelines for treatment are urgently needed.

To discuss these matters the Local Organizing Committee and the ECOG board invite you to the *18th European Childhood Obesity Group (ECOG) Meeting*. The meeting will take place in Porto, Portugal from *5th to 7th June 2008*.

We will have an exciting scientific programme with an extensive list of wellknown international speakers from all over the world that will participate on plenary sessions and symposia in main areas such as:

- **Behaviour or genes**
- **From early causes to later consequences**
- **Healthy lifestyle**
- **Fitness, fatness and fat free-mass**
- **Cardiovascular consequences**
- **Comorbidities**
- **New therapeutic approaches**
- **Prevention and policies**
- **Food, fashion and body composition**

Therefore, we cordially invite you to submit you research, register for this exciting meeting and have a wonderful time in Porto in June next year.

For more information please contact the Secretariat via e-mail to: ecog2008@skyros-congressos.com or go to www.skyros-congressos.com.

We wish this meeting will be a memorable scientific, social and cultural event.

Carla Rego
President of the Local Organizing Committee